

CERTIFICATE OF PARTICIPATION

This is to certify that

Alfred Mpshane

Has successfully participated & completed the

48km SA Run 4 Cancer Ultra Marathon

held at Polokwane Rugby Fields.

TIME 03:43:44

PACE 04:39/km

OVERALL 41 of 428

GENDER 37 of 368

50+ 3 of 50

27 October 2018, Sat

Date



BoutTime

Signature

